|  | **MHES Cafeteria Menu- February 2022** | | | | |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Sun** | **Mon** | **Tue** | **Wed** | **Thu** | **Fri** | **Sat** |
|  |  | **1 Chili on Rice** | **2 Shepherd's Pie** | **3 Grilled Cheese and Crudités** | **4 Pepperoni or Cheese Pizza** | **5** |
| 6 | 7 PED DAY- no school | 8 Fettuccine Alfredo | 9 Chicken Enchiladas | 10 Healthy Potato & Sweet Potato Poutine | 11 Pepperoni or Cheese Pizza | **12** |
| 13 | **14 Spaghetti Bolognese**  ***Valentine's Day*** | 15 Pizza Bagels | **16 Chicken Chow Mein Noodles** | 17 Grilled Cheese and Crudités | 18 Pepperoni or Cheese Pizza | **19** |
| **20** | **21 Tortellini and Rosé Sauce** | **22 Moroccan Vegetable Stew on Couscous** | **23 Burgers and Potato Wedges** | 24 Chicken Caesar Wraps | **25 Pepperoni or Cheese Pizza** | **26** |
| 27 | **28 Creamy Pasta Primavera** |  |  |  |  |  |
|  | Full Lunch: $6.00 includes Hot lunch, juice box and dessert  Pre-Paid Lunch Card: $28.00 (5 lunches) cash or etransfer to [angiekowalyk@gmail.com](mailto:angiekowalyk@gmail.com) password “lunch"  Homemade Soups, Sandwiches, and Salad available every day! | | | | | |