

Anti-Bullying and Anti-Violence Plan



End-of-Year Evaluation

2022

School:	Morin Heights Elementary school	Shared with Governing Board	May 25, 2022
Principal / Centre Director:	Veronique Bond	Shared with Teacher Council	May 25, 2022
•			May 26, 2022
Shared with Parents			<u> </u>
			May 27, 2022
Submitted to Director of Pedagogical Services and Director General			

Priorities

- 1. To create a better sense of belonging amongst the students in all grade levels.
- 2. To work at creating an inclusive environment.

Actions / Initiatives to Maintain or Let Go

Maintain all current initiatives.

- 1. **Restorative Practices** Regular in class practices used to improve and repair relationships between students.
- 2. Social Emotional Learning tools- Mind-up curriculum- This social-emotional curriculum is taught from kindergarten to grade 6. Zones of regulation is a curriculum geared toward helping students gain skills in consciously regulating their actions, which in turn leads to increased control and problem-solving abilities. Mindfulness Practices- Students learn about mindful breathing and being mindful of themselves, their actions, and their surroundings. This helps students to self-regulate and reduces stress.
- 3. **Extra-curricular activities**-Variety of activities are offered during lunchtime and afterschool. Due to COVID-19 restrictions, students remain in their cycles for all these activities. The activities are organized to give the students a more positive sense of belonging to increase their feeling of safety.
- 4. **Wild School**-The goal is to get our students to be environmentally literate by Grade 6 via connecting them with nature on a regular basis to learn about their immediate environment and their daily impact on the environment. The goal is achieved through weekly learning activities. When curriculum can be taught outdoors or linked to local environmental issues. Wild school is a stress lowering activity.

- 5. Winter Activity Program- Every year, all students participate in a 6-week winter activity. Students are encouraged to try different winter sports such as cross-country skiing, ice skating, snowshoeing, downhill skiing, and winter survival. The program is beneficial for our students who appreciate being outdoors and being physically active. Participation in our winter activity program lowers stress levels in our student body. For the last two years, our Winter Activity Program has been cancelled due to COVID-19 restrictions.
- 6. **4Korners** Provide workshops and support for parents and families.

Actions / Initiatives to Develop

- 1. More consistent application of social emotional learning strategies.
- 2. Social clubs.